Duck & Sausage Jambalaya



Ingredients

- 1 (4- to 5-pound) duck, trimmed of excess fat and cut into 8 pieces
- 1 teaspoon cayenne pepper
- Kosher or sea salt, as needed
- 1 cup all-purpose flour
- 3 tablespoons vegetable oi
- 12 ounces andouille, or other spicy sausage, cut into large dice
- 1½ cups diced green bell peppers
- 1 cup finely chopped yellow onion
- ¾ cup diced celery
- 2 teaspoons finely chopped garlic
- 2 cups fresh or canned diced tomatoes
- 2 bay leaves
- 4 cups chicken stock
- 1½ cups long-grain white rice
- 1 tablespoon Worcestershire sauce, or more to taste
- Hot sauce, as needed
- 1 cup thinly sliced green onions (white and green parts), cut on the bias

Info

- Prep: -
- Cook: -
- Serves: 6
- Source









Directions

- 1. Pat the duck dry with paper towels, and season on all sides with the cayenne and salt as needed. (NOTE: If using wild duck, see the discussion on dry-aging on pages 228–229.)
- 2. Put the flour in a shallow dish. Dust the duck pieces with the flour and shake off excess. In a heavy Dutch oven or stockpot, heat the oil over medium heat, and, working in batches, if necessary, sear the duck pieces on all sides for several minutes, or until a rich brown. Transfer the duck to a large plate and set aside.
- 3. Pour off all but 3 tablespoons of fat from the pot, add the andouille, and brown lightly. Transfer to the plate with the duck. Stir in the bell peppers, onion, celery, and garlic, and cook until the onions are translucent and softened but not brown. Stir in the tomatoes, bay leaves, and 2 cups of the stock, and bring to a boil over high heat, scraping bottom of the pot to incorporate any browned bits.
- 4. Return the duck and andouille to the pot, along with any accumulated juices on the plate. Bring to a boil over high heat, then reduce the heat to a simmer. Partially cover, and cook until the duck is just tender, 1 hour and 15 minutes. Stir in the rice and the remaining 2 cups stock, and bring to a boil. Reduce the heat to low, cover, and simmer until the rice is tender and the grains have absorbed most of the liquid, about 20 minutes. Discard the bay leaves. Add the Worcestershire and season with salt and hot sauce to taste. Top with the green onions, and serve immediately.

duck, hunting, cayenne, andouille, sausage, bell pepper, onion, celery, garlic, tomato, stock, worcester, hot sauce, rice, cajun, southern, scallions

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