

Fermented Potatoes



Ingredients

- 2.5lbs potatoes
- 2-3 TB kosher salt

Info

- **Prep:** 15
- **Cook:** 0

- 750ml filtered water
- **Serves:** 2-4
 - [Source](#)

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from 0 votes

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Rate

Directions

1. Salt brine and lacto ferment. A full week was pretty damn sour, 3-5 is probably best. Really good tho.

[potatoes](#), [fermented](#), [lacto](#)

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