

Cucumber & Nasturtium Kimchee

<https://www.wildfermentation.com/cucumber-nasturtium-kimchee/>

- 1 or 2 thin-skinned cucumbers, sliced.
- 1 small clove fresh garlic, crushed.
- 1 dozen or so green nasturtium seeds, crushed.
- 1 dozen or so nasturtium blossoms, whole.
- 1 T. plus 1 pinch of sea salt.
- 1 dash fish sauce.
- 1 pinch red pepper flakes.
- 1 dash kimchee juice, as starter.

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